

LifeWorks Self-Sufficiency Matrix - Entry, 6 Month Review, Exit

Client Name: _____

Client ID: _____

Date: _____

Domain	1 (In Crisis)	2 (Vulnerable)	3 (Safe)	4 (Building Capacity)	5 (Empowered)
Housing*	Homeless or threatened with eviction.	In transitional, temporary, or substandard housing <u>OR</u> current rent/mortgage payment is unaffordable (over 30% of income)	In stable housing that is only marginally adequate.	Household is in adequate, subsidized housing.	Household is in adequate, unsubsidized housing.
Employment	No job.	Temporary, part-time, or seasonal job; inadequate pay and no benefits.	Employed full-time; inadequate pay; few or no benefits.	Employed full-time with adequate pay and benefits.	Maintains permanent full-time employment with adequate pay and benefits.
Income*	No income.	Inadequate income <u>OR</u> spontaneous/inappropriate spending.	Can meet basic needs with subsidy.	Can meet basic needs without assistance.	Income is sufficient and well-managed; has discretionary income and is able to save.
Food*	No food or means to prepare it. Relies significantly on other sources of free or low-cost food.	Household is on SNAP or relies on some other type of assistance.	Can meet basic food needs but requires occasional assistance.	Can meet basic food needs without assistance.	Can choose to purchase any food the household desires.
Healthcare Coverage*	At least one household member has immediate need for medical care or attention and has no medical coverage.	No immediate need, but at least one household member has no medical coverage and great difficulty accessing medical care when needed.	At least one household member has no immediate need and no medical coverage, but is able to access medical care when needed.	All household members have some type of medical coverage, but it may strain budget or is less than adequate.	All household members are covered by affordable, adequate health insurance.
Education	Client is not enrolled in school.	Client is enrolled in school but is not attending or only occasionally attending classes <u>OR</u> whose educational needs are not being met.	Client is enrolled in school and attending classes most of the time <u>OR</u> who is struggling in at least 3, but not all, classes.	Client is enrolled in school and attending classes on a regular basis but is struggling in one or two classes.	Client is enrolled in school, attending classes on a regular basis, and performing well in school.
Adult Education	No HS diploma/GED and is not enrolled in high school or a GED program.	No HS diploma/GED, but the client is enrolled in high school or a GED program.	Client has HS diploma/GED but is not seeking additional education/training to benefit employment.	Client has HS diploma/GED and is seeking additional education/training to benefit employment.	Client has completed additional education/training beyond HS diploma/GED (and is in a position where he/she is employable).
Language/Literacy	Literacy or language problems are serious, unaddressed barriers to employment or accomplishing basic day-to-day tasks.	Client has serious language or literacy issues but is enrolled in a literacy or language program.	Client has a sufficient command of English to where language or literacy is not a barrier to employment or accomplishing basic day-to-day tasks.	Client has sufficient command of English but is seeking additional education to resolve remaining language or literacy problems.	Client has no language or literacy problems.
Mobility	No access to transportation (public or private).	Transportation is available but unreliable, unpredictable, or unaffordable.	Transportation is available and reliable, but inconvenient.	Transportation is readily available and convenient but not preferred; if client owns a car, lacks either a driver's license or insurance.	Transportation is readily available, affordable, and satisfactory; if client owns a car, has driver's license and a car that is adequately insured.
Disabilities & Physical Health	Acute or chronic symptoms are currently affecting housing, employment, social interactions, etc.	Sometimes or periodically has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Rarely has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Asymptomatic; condition is controlled by services or medication.	No identified disability or health concerns.
Mental Health	Danger to self or others; recurring suicidal ideation; experiencing severe difficulties in day-to-day life due to psychological issues.	Recurrent mental health symptoms that may affect behavior but not a danger to self/others; persistent issues with functioning due to mental health symptoms.	Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health issues.	Minimal symptoms that are expectable responses to life stressors; only slight impairment in functioning.	Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than everyday problems and concerns.
Substance Use	Meets criteria for severe abuse/dependence; (i.e., 6+ criteria); problems so severe that institutionalized living or hospitalization may be necessary.	Meets criteria for dependence (i.e., 4-5 criteria).	Client has used within the last 6 mo; meets 2-3 criteria for dependence	Client has used during the last 6 mo; meets 0-1 criteria for dependence.	No drug use/alcohol abuse in the last six months.

Domain	1 (In Crisis)	2 (Vulnerable)	3 (Safe)	4 (Building Capacity)	5 (Empowered)
Legal	Current outstanding tickets or warrants <u>OR</u> currently incarcerated.	Current charges/trial pending <u>OR</u> non-compliance with probation/parole.	Fully compliant with probation/parole terms with no charges pending.	Has successfully completed probation/parole within the last 12 mo; no new charges filed <u>OR</u> no active criminal justice involvement in more than 12 mo, but prior arrests pose problem to current self-sufficiency.	No criminal history <u>OR</u> no active criminal justice involvement in more than 12 mo, and prior arrests do not pose a problem to current self-sufficiency.
Safety	Environment is not safe; immediate level of lethality is extremely high; possible CPS or police involvement.	Safety is threatened, but temporary protection is available; level of lethality is high.	Current level of safety is minimally adequate; ongoing safety planning is essential.	Environment is safe, but future safety is uncertain; safety planning is important.	Environment is apparently safe and stable.
Credit	History of bankruptcies, foreclosures, evictions, or repossessions.	Outstanding judgments, garnishments, or debts in collection.	Has an unmanageable debt ratio <u>and</u> poor credit, <u>OR</u> has no credit history.	Has an unmanageable debt ratio <u>or</u> poor credit.	Has a manageable debt ratio <u>and</u> good credit.
Life Skills	Unable to complete any of the following life skills without assistance: looking up information online, scheduling appts, prioritizing tasks, arriving on time, and completing tasks on time.	Able to complete one or two of these life skills without assistance.	Able to complete three of these life skills without assistance.	Able to complete four of these life skills without assistance.	Able to complete all five of these life skills without assistance.
Community Involvement	Not applicable due to crisis situation; in "survival" mode.	Socially isolated, lacks social skills, or unmotivated/does not desire to become involved.	Has adequate social skills and motivation/desire but lacks the opportunity or knowledge of ways to become involved.	Some community involvement (advisory group, support group, church, volunteering, etc.), but has barriers (transportation, childcare issues, etc.).	Actively involved in community.
Network Support	Extended family or friends are uninvolved, uninterested, or unmotivated to provide support.	Extended family/friends lack the ability or resources to help (either financially, emotionally, or materially) or provide negative support.	Client receives some positive support (financial/emotional/ material) from extended family or friends.	Strong support from extended family or friends.	Has healthy and expanding support network.
Family Relations: Family of origin	Abuse (DV, child) is present, there is child neglect, or all relations have been severed.	Family members do not relate well with one another; potential for abuse, neglect, or relations being severed.	Family members acknowledge and seek to change negative behaviors; are learning to communicate and support.	Family members support each other's efforts.	Family is stable and communication is consistently open.
Family Relations: Caregiver(s)	Abuse (DV, child) is present, there is child neglect, or relations have been severed.	Caregiver(s) and client do not relate well with one another; potential for abuse, neglect, or relations being severed.	Caregiver(s) and client acknowledge and seek to change negative behaviors; are learning to communicate and support.	Caregiver(s) and client support each other's efforts.	Relationships are stable and communication is consistently open.
Intimate Relationship(s)	Abuse is present, or all relations have been severed.	Partners do not relate well with one another; potential for abuse or relations being severed.	Partners acknowledge and seek to change negative behaviors; are learning to communicate and support.	Partners support each other's efforts.	Relationship is stable and communication is consistently open.
Parent-child Relations	There are safety concerns regarding parenting skills; abuse or neglect is present, or all relations have been severed.	Parenting skills are minimal; client does not relate well with child(ren); potential for abuse or neglect.	Parenting skills are apparent but not adequate; client acknowledges and seeks to change negative behaviors; is learning to communicate and support.	Parenting skills are adequate; client supports their child(ren)'s efforts.	Parenting skills are well-developed; parent-child relations are stable and communication is consistently open.
Childcare	Needs childcare but none is available or accessible (including family members or friends).	Childcare is unreliable or unaffordable; inadequate supervision is a problem for childcare that is available (including family members or friends).	Affordable, subsidized childcare is available but limited (if family members or friends: availability or interest is limited).	Reliable, affordable childcare is available (could be family members or friends); no need for subsidies.	Able to select quality childcare of choice (could be from among family members or friends).
Education of Client's Child(ren)	One or more school-aged children are not enrolled in school.	All school-aged children are enrolled in school, but one or more are not attending or only occasionally attending classes <u>OR</u> have unmet educational needs.	School-aged children are enrolled in school, but one or more only attend classes most of the time <u>OR</u> are struggling in at least 3, but not all, of their classes.	All school-aged children are enrolled in school and attend classes on a regular basis, but one or more are struggling in 1-2 classes.	All school-aged children are enrolled, attend classes on a regular basis, and are performing well in school.

*Domains marked with an asterisk should reflect the level of self-sufficiency of the household (i.e., family members or romantic partners that share an address) and not merely the client's self-sufficiency.

